

## Accident & Emergency (A&E)

A&E departments treat injuries and illnesses, as well as the following symptoms: all head injuries in children, severe head injuries in adults (with loss of consciousness), heavy bleeding following injury, severe broken bones (for example, if the limb looks deformed), severe burns and all facial burns, overdoses/poisoning, stomach pain and breathing problems.

A&E departments are located at:

- Stoke Mandeville Hospital, Aylesbury, HP21 8AL
- Wexham Park Hospital, Slough, SL2 4HL
- John Radcliffe Hospital, Oxford, OX3 9DU

**Remember there is no A&E at Wycombe Hospital. In an emergency call 999.**



## Heart attack or stroke?

If you think someone is having a heart attack or stroke, ring 999 immediately.

### Heart attack

Call 999 if you have chest pain, usually in the centre of the chest; pain which travels to the arms, jaw, back, or abdomen. With or without:

- shortness of breath
- feeling/being sick
- feeling of anxiety
- feeling light-headed
- coughing/wheezing

Chest pain alone may have several causes. However, if the person is over 50 years old, and/or has a history of heart disease, high blood pressure, high cholesterol or diabetes - call 999

### Stroke

Signs of a stroke - remember FAST:

**Face:** has their face fallen on one side? Can they smile?

**Arms:** can they raise both arms and keep them there?

**Speech:** is their speech slurred?

**Time to call 999** if you see any one of these signs.

**If you would like this leaflet in another language or format (e.g. large print or Braille) please call 01635 21900 between 9am and 5.30pm Monday to Friday**

**NHS**

Buckinghamshire

**Wycombe Hospital's  
Emergency Medical Centre  
is closing...**



**...and the new Minor  
Injuries and Illness Unit  
(MIIU) is opening**

This leaflet tells you what to do if you live in Buckinghamshire and need urgent or emergency treatment after 1 October 2012. It explains what the MIIU provides and reminds you where to take a sick child.

*Please keep this leaflet  
in a safe place*

## Could you treat yourself?

You can treat many minor conditions yourself - remember to keep a well stocked medicine cabinet. If you are unsure, contact NHS Direct for medical advice on 0845 46 47 or visit [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk).

## Could your pharmacist help?

Pharmacists can advise on minor ailments such as colds, skin conditions and allergies. Some offer consultations or booked appointments and some have extended opening hours. See [www.nhs.uk](http://www.nhs.uk) for details.



## Your GP practice

Use your GP whenever possible. All GP practices offer urgent/same day appointments. If you need a GP between 6pm and 8am on weekdays or at weekends or bank holidays and cannot wait until your GP practice is open, contact 0300 1303035

## Minor Injuries and Illness Unit (MIIU) Wycombe Hospital

The MIIU is for minor injuries and minor illnesses which you think are unsuitable for a GP appointment. If, following assessment, it is more appropriate to treat yourself, go to your pharmacist or see your GP, you will be advised to do so.

### Adults

The MIIU can deal with cuts and bruises, sprains and strains, bites and stings, scalds and minor burns (but not involving the head or neck), infected wounds, suspected fractures, minor head injuries (no loss of consciousness), objects lodged in ear/eyes/mouth/nose, as well as a number of minor illnesses.

### Children

The MIIU can deal with cuts and bruises, sprains and strains, bites and stings, scalds and minor burns (but not involving the head or neck), infected wounds, suspected fractures, objects lodged in ear/eyes/mouth/nose.

Do not bring seriously injured or ill children to the MIIU in Wycombe Hospital. Take them to the nearest A&E. Children with any head injury should be taken to A&E.

Full details of A&E departments are given overleaf. **Please note that there isn't an A&E department at Wycombe Hospital.**

## Wycombe Hospital Children's Day Unit

There is no change to this service and it is still available for those who have 'open access' or are referred by their GP.

